



Orthotic & Prosthetic

SPECIALTIES INC.

FEMORAL FRACTURE ORTHOSIS

USE AND CARE INSTRUCTIONS

A Femoral Fracture Orthosis is a specialized brace used to treat a fracture of the Femur.

HOW TO USE YOUR FEMORAL FRACTURE ORTHOSIS

- Your Femoral Fracture Cuff will be fit by your orthotist. There are two styles of cuff, one that fits from your axilla to your elbow and one that also has a cap over your shoulder. Your physician and the level of the fracture determine which cuff will be used.
- Once the Femoral Fracture Cuff is on you **should not remove it** without instruction or permission from your physician. In some situations your orthotist may remove it for adjustment.
- The Femoral Cuff closes with Velcro straps. The straps should be kept snug. You may need to adjust the straps if your leg size goes up or down (with swelling). The important thing is to keep the straps snug.
- A cotton sock will be worn under the cuff. The sock will absorb perspiration and help protect your skin. If you are permitted to remove your fracture cuff you will need to change the sock regularly.
- It is very important to monitor your skin for pressure areas. If you see or believe there is an area where a sore is developing contact your orthotist.
- Do not become discouraged if you feel an adjustment is needed. This is not unusual. A minor adjustment might be needed to ensure a good fit. Call your orthotist to discuss this.

HOW TO CARE FOR YOUR FEMORAL FRACTURE CUFF

- If you are permitted to remove your fracture cuff you should clean the inside foam liner by wiping it with rubbing alcohol. Remember that this is only for those who are **permitted by their physician** to remove the cuff.

IMPORTANT NOTES ABOUT YOUR FEMORAL FRACTURE ORTHOSIS

A Femoral Fracture Orthosis is a specialized device. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any unexpected problems occur.