



Orthotic & Prosthetic

SPECIALTIES INC.

PROTOCOL: For the APOPPS FLO-TECH-TOR Socket

When used as a Postoperative, Protective or Early Fitting Prosthetic Socket

A licensed or certified prosthetist should be consulted throughout the use of all APOPPS sockets.

PATIENTS, NURSES, HOME HEALTH & FAMILY HELPERS

Suggested POST SURGICAL PROTOCOL:

Daily Hygiene, Range of Motion and Transfer Recommendations:

- ✓ Removed the FLO-TECH-TOR socket 2 times per day
- ✓ Removed the outer fitting sock (or stockinette) and the polyurethane distal end pad
- ✓ Examine (do not remove) the innermost post-op fitting sock (or sterile stockinet) for signs of excessive bleeding or drainage
 - If excessive blood or drainage is found, contact the physician IMMEDIATELY.
 - If only mild spotting is noted, make a record and proceed.
 - Record the size and location of the spotting.
 - If the spotting becomes excessive at some later point, contact the physician.
- ✓ Wash the reticulated distal end pad with an anti-bacterial soap; rinse well, dry the pad by gently compressing it in a towel (DO NOT WRING), reapply the pad and a clean dry outer sock over the pad.
- ✓ Re-apply the FLO-TECH-TOR socket.
- ✓ The strap at the mid patella tendon (just below the knee) should be loose enough to slide a finger under it.
- ✓ When standing the strap and the two piece neoprene waste band should be tightened.
- ✓ When in bed or reclined in a chair the mid patella tendon strap should be loose enough to slide a finger under it.

THE COMPLETE HYGIENE PROCESS SHOULD TAKE NO LONGER THAN 20
MINUTES EACH TIME.