



Orthotic & Prosthetic

SPECIALTIES INC.

HALO

USE AND CARE INSTRUCTIONS

The Halo is a brace that is used following an injury to the bones in the neck. It is designed to stabilize the neck in a fixed position and totally immobilize it until healing occurs. This helps to minimize any additional injury to the neck and spinal cord.

The Halo brace is made up of three parts: the “Ring,” the “Vest” and the “Superstructure”.

- ◆ Ring (sometimes called the “crown”): the part that encircles the head and is secured to the skull with 4 or more pins.
- ◆ Vest: a plastic mold that fits around the trunk of the patient, usually lined with fleece.
- ◆ Superstructure: the rods and connectors that attach the “Ring” to the “Vest”.

HOW TO USE YOUR HALO

- Wear your Halo constantly and consistently according to your physician’s instructions.
- NEVER adjust the Halo or loosen any straps or fasteners. It is not unusual for minor adjustments to be needed to ensure a good fit: but these should ONLY be performed by your orthotist or physician.
- If you believe that any part of the Halo has become loose, contact your physician immediately.

HOW TO CARE FOR YOUR HALO

- The booklet that your orthotist gives you is written by the manufacturer of the Halo system. It will give you instructions about skin and pin care while wearing a Halo. It’s very important to read the booklet and then follow any special instructions given to you by your physician and orthotist.
- Have a relative or friend become familiar with the care instructions: some of these procedures are most easily performed by a second person.

IMPORTANT NOTES ABOUT YOUR HALO

A Halo and Halo Vest are very specialized devices. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any unexpected problems occur.

***NEVER REPAIR OR REPLACE ANY PARTS OF YOUR HALO ON YOUR OWN. DOING SO COULD RESULT IN SERIOUS INJURY, SPINAL CORD DAMAGE, PARALYSIS OR DEATH.**