



Orthotic & Prosthetic

SPECIALTIES INC.

MINERVA LEHRMAN CERVICAL ORTHOSIS USE AND CARE INSTRUCTIONS

HOW TO USE YOUR MINERVA LEHRMAN CERVICAL ORTHOSIS

- This orthosis is designed to keep your cervical spine (neck) from flexing and extending.
- The orthosis works by immobilizing the head with an occipital section in the back and a chin piece in the front.
- The front and back sections are held together with six Velcro straps. Make sure these straps are adjusted to a snug comfortable position.
- If possible wear a T-shirt under your orthosis.
- Follow your doctor's instructions as to wearing time and bathing.

HOW TO CARE FOR YOUR MINERVA LEHRMAN CERVICAL ORTHOSIS

- If pads become soiled they may be removed and laundered in a washing machine with mild soap.

IMPORTANT NOTES ABOUT YOUR MINERVA LEHRMAN CERVICAL ORTHOSIS

A Minerva Lehrman Cervical orthosis is a very specialized device. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any unexpected problems occur.