



# **Orthotic & Prosthetic**

**SPECIALTIES INC.**

## **OFFLOADING SHOE** USE AND CARE INSTRUCTIONS

Your physician has dispensed to you a very unusual looking shoe; one engineered and designed to remove weight from the forefoot. This design permits the quickest possible healing of ulcerations, surgical procedures, fractures, etc. while still allowing you to maintain your mobility. The OrthoWedge is more difficult to walk in than conventional footwear so please read the precautions.

### HOW TO USE YOUR OFFLOADING SHOE

- Do not attempt to drive while wearing this shoe.
- Walk more slowly than usual and shorten your step length.. You are not wearing a normal street shoe and more clearance is required for the wedge
- Use extreme caution in climbing stairs, stepping up onto curbs and walking on uneven surfaces.
- .
- Excessive weight may cause breakdown of the shoe's sole. The functional design of this produce may make it vulnerable to breakdown when constant excessive weight is applied.

### HOW TO CARE FOR YOUR OFFLOADING SHOE

Daily wipe the inside and insole with rubbing alcohol. This will help control odor and bacteria. It is best to clean the outside with clear water as needed and air dry (no heat).