



# **Orthotic & Prosthetic**

SPECIALTIES INC.

## **UVEX FACE MASK**

### **USE AND CARE INSTRUCTIONS**

A Uvex Face Mask is a custom molded orthosis designed for protection of a portion of the face or to apply pressure to a portion of the face. Pressure application is used to prevent build-up of scar tissue and maintain skin contours. When used for protection, the Uvex mask prevents pressure or force on a part of the face.

#### **HOW TO USE YOUR UVEX FACE MASK**

- Unfasten the straps on the mask and position it over your face, matching the eye cutouts of the mask with your eyes.
- Fasten both straps on the mask. Your mask may have either velcro or snap fasteners. The mask should fit snugly against your face.
- Initially, you may perspire more than usual on those areas of skin covered by the mask. Normally the body will regulate itself to this in a few days.
- If possible, begin wearing the mask for approximately one hour at a time, then take it off for awhile. Increase the time you wear the mask over the next 3-4 days.
- It is VERY important to check your skin for any red pressure areas. These can normally be seen through the clear plastic of the mask. Any reddened area that does not fade after 20 minutes following removal of the mask should be watched carefully. If this continues to be a problem for more than 3 days, or if you believe a sore is developing, contact your orthotist.
- It is important to keep the skin on your face clean. Wash daily.

#### **HOW TO CARE FOR YOUR UVEX MASK**

- Clean the UVEX mask with mild soap and water. Rinse the mask well to remove all soap residue. You can also use rubbing alcohol. Allow the mask to dry completely before putting it back on.
- Inspect the mask once a week to check for signs of wear. Contact your orthotist with any concerns.

#### **IMPORTANT NOTES ABOUT YOUR UVEX FACE MASK**

A UVEX mask is a very specialized device. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any unexpected problems occur.