OFFLOADING SHOE
USE AND CARE INSTRUCTIONS

Your physician has dispensed to you a very unusual looking shoe; one engineered and
designed to remove weight from the forefoot. This design permits the quickest possible
healing of ulcerations, surgical procedures, fractures, etc. while still allowing you to
maintain your mobility. The OrthoWedge is more difficult to walk in than conventional
footwear so please read the precautions.

HOW TO USE YOUR OFFLOADING SHOE

■ Do not attempt to drive while wearing this shoe.

■ Walk more slowly than usual and shorten your step length. You are not wearing a
  normal street shoe and more
clearance is required for the wedge.

■ Use extreme caution in climbing stairs, stepping up onto curbs and walking on
  uneven surfaces.

■ Excessive weight may cause breakdown of the shoe’s sole. The functional design of
  this produce may make it vulnerable to breakdown when constant excessive
  weight is applied.

HOW TO CARE FOR YOUR OFFLOADING SHOE

Daily wipe the inside and insole with rubbing alcohol. This will help control odor and
bacteria. It is best to clean the outside with clear water as needed and air dry (no heat).