



Orthotic & Prosthetic

SPECIALTIES INC.

SCOTTISH RITE ORTHOSIS

USE AND CARE INSTRUCTIONS

- The orthosis is designed to control your thigh and hip region. This orthosis controls by holding the thighs and pelvis then selectively allowing certain motions.
- Your physician feels that this orthosis will remedy or prevent the hip problem from getting worse.
- The orthosis is usually worn over the clothes.
- It is possible to continue a high level of activity, such as riding bicycles, however; some things may need to be modified, i.e. riding a girls bike.
- There may be a break-in period when starting to wear this orthosis. We want the person to slowly get used to the new forces placed on their body.

HOW TO CARE FOR YOUR SCOTTISH RITE ORTHOSIS

- The orthosis can be cleaned with soap and water.

IMPORTANT NOTES ABOUT YOUR SCOTTISH RITE ORTHOSIS

A Scottish Rite orthosis is a very specialized device. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any unexpected problems occur.